2014 ANNUAL REPORT ARMED FORCES RETIREMENT HOME ADVISORY COUNCIL





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The Armed Forces Retirement Home (AFRH) Advisory Council provides this report as a record of its activities during the calendar year 2014.

AFRH ADVISORY COUNCIL

Congressional Requirement

As mandated by the National Defense Authorization Act (NDAA) for fiscal year (FY) 2012: "Not less often than annually, the Advisory Council shall submit to the Secretary of Defense a report summarizing its activities and recommendations with respect to the Retirement Home as the Advisory Council considers appropriate."

Establishing Authority: 24 United States Code (U.S.C.), Chapter 10–Armed Forces Retirement Home

Council Mission: "The Advisory Council shall serve the interests of both facilities of the Retirement Home." The Chair and members of the Advisory Council shall provide advisory guidance and recommendations regarding any facet of the administration of the Home. "The Advisory Council shall provide to the Chief Operating Officer (COO) and the Administrator of each facility such guidance and recommendations on the administration of the Retirement Home and the quality of care provided to residents as the Advisory Council considers appropriate."

2014 Advisory Council Meetings: During calendar year 2014, the Advisory Council held two advisory meetings: one in Gulfport, Mississippi, on June 6, 2014 and one in Washington, District of Columbia (DC) on October 30, 2014. Both were shared via audio/video teleconference for those not traveling to those sites.

2014 Advisory Council Membership

Colonel John Spain Army Pharmacy Program Manager and Pharmacy Consultant to the Surgeon General, Falls Church, Virginia **Council Position**: Council Chair

Mr. Paul Aswell Division Chief, Enlisted Accessions, Headquarters, U.S. Army, Washington, DC **Council Position**: Senior representative of one of the chief personnel officers of the Armed Forces

Dr. Raya E. Kheirbek Deputy Chief of Staff Washington, DC Department of Veterans Affairs Medical Center The George Washington University School of Medicine and Health Sciences **Council Position**: Civilian expert in gerontology from the geographical area of the facility (Washington, DC)

Mr. Charles Bowen Vice President, Government Relations **Council Position**: Enlisted representative of the Services' Retiree Advisory Council

Dr. Richard Allman Director, Home and Community Based Services Department of Veterans Affairs Central Office **Council Position**: Civilian expert in nursing home or retirement home administration and financing from the geographical area of the facility (Washington, DC)

Colonel Stuart A. Roop Director of Medicine, Walter Reed National Military Medical Center, Bethesda, Maryland **Council Position**: Senior representative of the military hospital nearest in proximity to the facility (Washington, DC)

Colonel Robert Edwards, U.S. Air Force, Medical Service Corps Administrator, 81st Medical Group, Keesler Air Force Base, Mississippi

Council Position: Senior representative of the military hospital nearest in proximity to the facility (Gulfport, Mississippi)

Ms. Cynthia Jones Budget Analyst, Office of the Under Secretary of Defense (Comptroller), Revolving Funds Directorate **Council Position**: Financial Expert

Master Chief Petty Officer of the Coast Guard Steven W. Cantrell Council Position: Senior noncommissioned officer of one of the Armed Forces

Sergeant Major of the Army Raymond F. Chandler III Office of the Army Chief of Staff **Council Position**: Senior noncommissioned officer of one of the Armed Forces

Master Chief Petty Officer of the Navy Michael D. Stevens **Council Position**: Senior noncommissioned officer of one of the Armed Forces

Chief Master Sergeant of the Air Force James A. Cody Headquarters Air Force/Command Chief Master Sergeant **Council Position**: Senior noncommissioned officer of one of the Armed Forces

Sergeant Major of the Marine Corps Michael P. Barrett Headquarters U.S. Marine Corps **Council Position**: Senior noncommissioned officer of one of the Armed Forces

Mr. Brian Hawkins Director, Veterans Affairs Medical Hospital (Washington, DC), DC Veterans Affairs Medical Center **Council Position**: Representative of the Department of Veterans Affairs regional office nearest in proximity to the facility (Washington, DC)

Mr. Anthony L. Dawson Director, Veterans Affairs Medical Hospital (Gulfport, Mississippi), Gulfport Veterans Affairs Medical Center **Council Position**: Representative of the Department of Veterans Affairs regional office nearest in proximity to the facility (Gulfport, Mississippi)

Colonel Thomas Zimmerman, U.S. Air Force Staff Judge Advocate for Air Force District of Washington **Council Position**: Senior judge advocate from one of the Armed Forces

Mr. Joseph Wachter (June 2014) and Mr. S. Philip Ford (October 2014) Chairperson Resident Advisory Committee AFRH–Washington **Council Position**: Representative of the resident advisory committee or council of the facility (Washington, DC)

Mr. Raleigh Player (Interim) (June 2014) and Mr. Henri Gibson (October 2014) Chairperson Resident Advisory Committee AFRH–Gulfport **Council Position**: Representative of the resident advisory committee or council of the facility (Gulfport, Mississippi)

Mr. Charles Dickerson Administrator, AFRH-Gulfport **Council Position**: Administrator of the facility (Gulfport, Mississippi)

Mr. Shaun Servais Administrator, AFRH-Washington **Council Position**: Administrator of the facility (Washington, DC)

Mr. Steven G. McManus Chief Operating Officer, AFRH **Council Position**: Agency Chief Operating Officer

Non NDAA Council Members

Allen W. Middleton, Senior Executive Service Acting Deputy Director, Defense Health Agency Senior Medical Advisor to the AFRH Ms. Margaret Class Program Analyst, Clinical Quality Division Office of the Chief Medical Officer, Defense Health Agency

Mr. Larry A. Bolton Director, Human Resources Division, Defense Health Agency Senior representative of one of the chief personnel officers of the Armed Forces

Mr. John W. Radke Chief, Army Retirement Services, Headquarters, Department of Army Representative of 1.1 million retired Soldiers and surviving spouses

Sergeant Major Bryan B. Battaglia, U.S. Marine Corps Senior Enlisted Advisor to the Chairman, Joint Chiefs of Staff



AFRH ORGANIZATIONAL INFORMATION

Vision:

A retirement community committed to excellence, fostering independence, vitality, and wellness for veterans, making it a vibrant place in which to live, work, and thrive.

Mission:

To fulfill our nation's promise to its veterans by providing a premier retirement community with exceptional residential care and extensive support services.

Strategic Goals:

Goal 1: Embrace Resident-Centered Care

Each person will understand each resident's individual needs and take realistic action to fulfill them within AFRH resources and capabilities.

Goal 2: Maintain Exceptional Stewardship

Pursue and implement innovative ways to deflect, reduce, and manage costs by maximizing assets, resources, and programs to fulfill needs and wishes of current and

future residents.

Goal 3: Promote a Staff-Centered Environment Expand staff knowledge that directly impacts the accountability and efficiency of the agency, which will, in turn, empower all employees to be proactive.

Goal 4: Leverage External Stakeholders

Harness, cultivate, and focus our external stakeholders to become increasingly active participants who are engaged in AFRH operations in each of the next five years.

Guiding Principles:

<u>Person-centered</u>: Person-centered care is defined as the careful manner in which resident needs are considered while developing responsive plans of care and delivering meaningful services.

<u>Accountability</u>: We expect our workforce to achieve what we promise to residents, staff, and service partners. To ensure success, we measure progress and provide feedback to our customers.

Integrity: We will strongly uphold the mission of AFRH. We are honest and ethical and deliver on our commitments. We recognize that good ethical decisions require individual responsibility enriched by collaborative efforts.

<u>Workforce Growth</u>: We strive to hire and retain the most qualified people. We maximize their success through training and development as well as maintaining and promoting open communication.

<u>Honor Heritage</u>: We honor the rich history of the U.S. Armed Forces, from our veterans to our victories. As such, our facility reflects that military heritage with memorabilia and tributes.

Inspire Excellence: We continuously work to improve each process, service, and its delivery, while striving for excellence in all we do. We expect excellence and reward it.

<u>One Vision/One Mission/One Organization</u>: Success depends on our devotion to an unwavering vision and mission. Working together in different locations, under various managers and leaders, we maintain a distinct focus to serve our residents. We collaborate and respond in a unified and single voice.

Two Facilities



AFRH-Gulfport, Mississippi



AFRH-Washington, DC

Under Secretary of Defense for Personnel and Readiness

The Secretary of Defense delegated duties of Chapter 10, Title 24, U.S.C. to Under Secretary of Defense for Personnel and Readiness (USD(P&R)). Day to day oversight is delegated to the Assistant Secretary of Defense for Manpower and Reserve Affairs (ASD(M&RA)). USD(P&R) has supported and assisted AFRH in all aspects of its operations.

One Model

Both facilities use the same organizational model.

The AFRH One Model for Operations



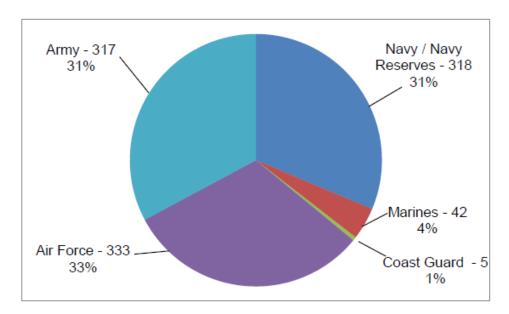
AFRH 2014 Resident Demographics

(As of September 30, 2014)

Total Residents	1015	
BY GENDER		
Male	916	90%
Female	99	10%
BY WAR THEATER*		
World War II	229	
Korean War	441	
Vietnam	557	
Grenada	11	
Panama	6	
Gulf War	11	
BY ELIGIBILITY CATEGORY		
Retiree	827	81%
Service-connected Disability	30	3%
War Theater	106	11%
Female (served before 1948)	52	5%

*Some served in more than 1 war

2014 AFRH Resident Population by Military Service



ADVISORY COUNCIL OBSERVATIONS AND RECOMMENDATIONS

AFRH Operations

Compliance with Government Regulations

Title 24, U.S.C., Chapter 10 and DoD Instruction (DoDI) 1000.28, "Armed Forces Retirement Home (AFRH)," February 1, 2010

Council Observations:

- All NDAA 2002, 2005, 2008, and 2012 legislative requirements have been satisfied, as well as the requirements of DoDI 1000.28.
- Per the direction to inspect not less than every three years, the DoD Inspector General (IG) last inspected AFRH in August and September of 2012 and released their report in 2014.

Council Recommendations:

• The AFRH leadership team will provide the council with a review of the DoD IG findings and responses at the May 2015 council meeting.

Chief Operating Officer

The AFRH COO recognizes the important role the Advisory Council plays in assisting AFRH in fulfilling its mission. The relationships formed among the members are important and equal a force multiplier for AFRH. The Advisory Council members' subject matter expertise, experience and knowledge help AFRH to be a more effective organization.

Council Observations:

- The AFRH COO understands his responsibilities, completes them thoroughly, and meets legislative requirements.
- The AFRH leadership provides accurate and timely information, when requested, concerning the AFRH's achievements, goals, and challenges.
- The COO encourages AFRH staff to brief and work with Advisory Council members.

Council Recommendations:

• None.

AFRH Leadership

AFRH responded to changes in leadership positions. The Chief, Healthcare Services, AFRH-Washington, DC (AFRH-W) resigned and the Ombudsman, AFRH-W retired. A new IG for AFRH was hired. Chief Medical Officers were appointed at each facility. A new Administrator, AFRH-W was also hired.

Council Observations:

• AFRH staff are available, eager, and willing to brief and work with Advisory Council members, as needed.

Council Recommendations:

• Continue to inform the Council of key leadership vacancies and timelines for replacement.

Policy

AFRH uses a two-tier policy issuance system. Agency-level guidance is issued as AFRH Agency Directives or Agency Notices. Each facility of the Home is responsible for implementing agency-level policy. In turn, each campus develops and issues facilitylevel standard operating procedures at their individual Homes.

Council Observations:

- Throughout this year, AFRH updated its policies and the facilities revised procedures to bring them into alignment with The Joint Commission (TJC) standards. Both facilities reviewed and updated their policies in preparation for TJC surveys held in September 2014.
- Some Advisory Council members volunteered to assist in the development of the policies.

Council Recommendations:

• In keeping with Advisory Council requirements to review policies annually, members are available resources for policy consultation and review based upon their area of expertise.

Inspections

The NDAA for 2008 (Public Law 110-181) requires AFRH to secure and maintain accreditation by a nationally recognized civilian entity for every aspect of each facility of the Home (including medical and dental care, pharmacy, independent living, assisted living, and nursing care). The law requires that the COO request a nationally recognized civilian accrediting organization to conduct surveys to cover all aspects of the operations. The AFRH IG is the principal advisor to the COO on all matters relating to the detection and prevention of fraud, waste, and mismanagement.

In 2014, AFRH maintained its accreditation with the Commission on Accreditation of Rehabilitation Facilities-Continuing Care Accreditation Commission (CARF-CCAC) which is valid through 2016. Although AFRH is accredited by CARF-CCAC, nursing services (upper levels of care) accreditation is not part of the CARF-CCAC accreditation process. The decision was subsequently made to pursue TJC accreditation for healthcare. AFRH-G and AFRH-W attained the Gold Seal of accreditation in nursing and ambulatory care from TJC following surveys at both facilities in September 2014.

The upcoming inspection schedule is shown below:

	Last	Anticipated
Inspecting Agency	Inspection Date	Return
DOD IG	Aug – Sep 2012	2015
CARF-CCAC	Aug 2011	2016
TJC	Sep 2014	2017

Commission on Accreditation of Rehabilitation Facilities-Continuing Care Accreditation Commission

AFRH currently maintains a national CARF-CCAC accreditation for Continuing Care Retirement Communities. The AFRH-W operation was first inspected by CARF-CCAC in August 2008 and received accreditation for five years. The Washington facility was successfully reviewed again by CARF-CCAC in late September 2011. AFRH-G underwent their first CARF-CCAC review in October of 2011. CARF-CCAC reported that AFRH-G had no major findings and validated its accreditation through 2016. CARF-CCAC and AFRH maintain a quality improvement plan, implementing recommendations that emphasize person-centered care, improve safety, break down silos, and streamline guidelines for resident transitions. Recommendation milestones are updated annually and reviewed by CARF-CCAC.

In 2012, to comply with CARF-CCAC accreditation standards, AFRH developed a formal policy for the Council's participation. In 2014, the Council participated in the CARF-CCAC recommendations:

- Policy that addresses loans
- Stock ownership
- Other matters of financial interests
- Annual personal self-assessment of individual members
- Annual written and signed conflict of interest statement
- Written and signed Code of Ethics
- Annual review of policy and directive

Council Observations:

- The Advisory Council has incorporated CARF-CCAC requirements as directed in the AFRH directive into its governance process. AFRH administrative support assists the Advisory Chair in maintaining documentation and tracking council member compliance with these requirements. Compliance with these requirements is addressed at bi-annual council meetings. A schedule for completing these requirements has been shared with AFRH administrative support to ensure compliance.
- AFRH Agency Directive 1-13 addresses the list of CARF-CCAC recommendations as annotated above.
- About 85% of CARF-CCAC recommendations are implemented; need follow up on remaining 15% during 2015.

Council Recommendations:

• Brief the Advisory Council on any remaining CARF-CCAC requirements at the May 2015 meeting.

The Joint Commission

Accreditation for nursing and ambulatory care is required by legislation and CARF-CCAC does not offer this accreditation. AFRH chose to pursue nursing and ambulatory care accreditation with TJC because it is an independent, not-for-profit organization that accredits and certifies more than 20,500 health care organizations and programs in the United States. TJC accreditation and certification is recognized nationwide as a symbol of quality that reflects an organization's commitment to meeting certain performance standards.

In October 2013, Joint Commission Resources, Incorporated (JCRINC) completed an operational assessment of AFRH's healthcare operations at both facilities in preparation for the accreditation survey in September 2014. This operational assessment allowed each facility to self-assess their processes for compliance with TJC's standards in nursing and ambulatory care. To ensure the integrity of both operations, there is a firewall between the services provided by JCRINC and TJC.

The September 2014 surveys for TJC accreditation were successful with TJC noting fewer recommendations than normally found for their initial surveys. TJC survey results are as follows:

Facility	Direct Impact Standards Compliance Recommendations	Indirect Impact Standards Compliance Recommendations
AFRH-G	1	4
AFRH-W	4	8

- Direct impact standards compliance recommendations required a 45-day correction and the indirect ones required a 60-day correction.
- Both AFRH-G and AFRH-W completed and submitted all correction actions to receive accreditation.

Both campuses received their TJC accreditation in both ambulatory and nursing care in October (AFRH-G) and November (AFRH-W) 2014.

Council Observations:

- A simultaneous joint site visit between Defense Health Agency (DHA) with JCRINC occurred at AFRH.
- The AFRH leadership prepared well for TJC accreditation surveys in September 2014.
- DHA's Office of the Chief Medical Officer performed a joint site visit when TJC surveyed AFRH in September 2014.
- Sharing the survey was a good partnership and learning experience both for

AFRH and DHA. It also reduced "survey fatigue" for AFRH staff who have to participate in numerous surveys.

Council Recommendations:

- Council members will continue to be available for consultation to assist AFRH in maintaining CARF-CCAC and TJC accreditation. AFRH leadership will provide a summary of direct and indirect findings and the responses provided to TJC.
- DHA will continue joint site visits with TJC and JCRINC in the future.

DoD Inspector General

In 2011, regulatory changes (Public Law 112-81) made to Section 418 of Title 24, U.S.C. requires the DoD IG to assess AFRH every three years. The last triennial DoD IG inspection was conducted in 2012. The AFRH inspection draft report was reviewed by the DoD IG Office of General Council during October 2013. The draft report was delivered to AFRH in December 2013 for comments. AFRH, working with ASD(M&RA), identified and resolved or created an action plan for all recommendations in April 2014. Residents and staff were informed of the report findings in town hall meetings. The results of the 2012 DoD IG report were released publicly in July 2014.

Council Observations:

- The observations and findings from the 2012 DoD IG report are available online at the DoD IG website. At the October 2014 Advisory Council meeting, AFRH reported that 101 of the 131 observations are closed. The remaining open observations only require updating information.
- The Council commends AFRH staff for the progress made on the responses and looks forward to preparations for the 2015 DoD IG inspection.

Council Recommendations:

- The AFRH leadership team will provide the council with a review of the DoD IG findings and responses at the May 2015 council meeting.
- The Council members were advised to familiarize themselves with the 2012 DoD IG report prior to the May 2015 Council meeting.

Senior Medical Advisor

The NDAA of FY 2012 mandated the designation of a Senior Medical Advisor (SMA) to the AFRH by the Secretary of Defense. Title 24 directs the Secretary of Defense to designate the Deputy Director of DHA to serve as the SMA for AFRH. Mr. Allen Middleton, Deputy Director, DHA was the 2014 SMA. DHA staff provides support to the SMA as requested, particularly from the Healthcare Operations Directorate, Clinical Support Division, and the Administration and Management Directorate, Human Resources Division.

The SMA Oversight Plan was approved by DHA Health Affairs and USD(P&R) in October 2013. The plan includes guidelines for organizing and coordinating SMA oversight reviews; oversight strategy; reporting oversight activities, findings, and

recommendations; and SMA oversight plan review and revision. The plan also established an SMA oversight tracking log to document DHA interactions with AFRH.

DHA assisted AFRH in 2014 on several fronts:

- Provided advice on meeting accreditation requirements and measures.
- Participated in the selection process of several leadership positions at the AFRH.
- Implemented the SMA Oversight Plan by working closely with the AFRH Process Improvement Officer in this endeavor.
- Continued to track, monitor, and resolve items on the DoD IG draft report.
- Assisted AFRH with the Veterans Affairs Clinical Practice Guidelines as they relate to AFRH and as they are to be integrated in the electronic medical record.
- Conducted a full site visit simultaneously with TJC's survey at the AFRH in September 2014.
- Both Keesler Air Force Base near AFRH-G and Walter Reed National Military Medical Center near AFRH-W provided access to the Composite Health Care System, the electronic medical record system which is currently used by all military health care centers worldwide, for AFRH-G practitioners. The last remaining hurdle at AFRH-W is the operability of the Common Access Card required for access to DoD computer and network systems. Walter Reed is still working to get full implementation.

Council Observations:

- The DHA liaison continues to provide valuable insight and assistance as the SMA to AFRH.
- Joint site visits during surveys is a process that works very well. DHA and AFRH understand simultaneously what reviewers assess and how standards and practices are properly applied.

Council Recommendations:

- The Council strongly encourages continuation of alignment of the SMA annual review with the external healthcare review process to facilitate the overall assessment process and decrease unnecessary survey fatigue given AFRH's robust oversight requirements.
- The Council requests that surveys be shared with the AFRH staff.

Review of the Healthcare Structure

AFRH provides ambulatory care for Independent Living residents in state-of-the-art wellness centers. AFRH has four additional levels of care: Independent Living Plus, Assisted Living, Memory Support, and Long Term Care. The Independent Living Plus pilot program (similar to a home healthcare model) was created to reduce the numbers of residents having to move to higher levels of care. Independent Living Plus numbers continue to increase with more residents staying independent. Fewer falls, decreased medication errors, and improved environmental supports have been the hallmarks of AFRH's move to this home healthcare model. Throughout 2014, Independent Living Plus was still a pilot. A proposal to charge residents a fee for this level of care was introduced and vetted by the residents for implementation during 2015.

AFRH is accredited by TJC for ambulatory and nursing care. The next accreditation being sought within the next year is home healthcare accreditation under TJC.

Council Observations:

- Working towards achievement of the home healthcare accreditation is an impressive endeavor.
- Efforts to maintain resident independence through Independent Living Plus is commendable.

Council Recommendations:

Continue to seek ways that allow residents to maximize an independent living lifestyle.

Adopting Person-centered Care

Following the accreditation by CARF-CCAC, an emphasis on person-centered care has become a key component of the AFRH philosophy and service. Part of the culture change has involved a physical change in the buildings both in Gulfport and Washington. In 2010, AFRH opened the new Gulfport facility which has many features that promote person-centered care; and in 2013, AFRH opened the new Scott Building at the Washington facility which promotes the small house concept. Dining in both facilities was transformed in the past few years also to accommodate the personal schedules of residents. The key to truly achieving person-centered care is to listen to the resident population and individualize service delivery (within AFRH's capabilities and resources) rather than trying to fit the residents' needs into pre-existing programs and services. Today, AFRH's day-to-day operations and physical plant meet person-centered care principles.

Expanding person-centered care is an ongoing process at AFRH that includes staffcentered initiatives and examination of existing interactions with residents.

Council Observations:

• The Council commends AFRH for the progress made in person-centered care.

Council Recommendations:

• Consider person-centered care tracer teams similar to efforts instituted to maintain TJC practice standards.

Strategic Planning

AFRH has consistently followed a well-developed strategic planning process since 2002. The 2002 AFRH Strategic Plan emphasized right-sizing the two campuses. The next five year plan in 2006 had to focus on the rebuild of the AFRH-G facility after Hurricane Katrina and the construction of the new AFRH-W Scott Building to meet the AFRH's vision of person-centered care. Extensive repairs from the 2011 Washington, DC earthquake became a top priority in the next five year plan. These strategic plans have guided AFRH successfully to produce two communities with exceptional and equal

care.

In conjunction with the improvements to the buildings and landscaping, management has significantly improved resident services, fiscal oversight, internal controls, environmental initiatives, and staff performance. Resident care is stronger than ever. Visionary planning by staff members and business partners made this goal a reality.

AFRH is committed, through its strategic vision, to create and maintain an environment that fulfills the mission of the health and wellness philosophy of aging with services and care designed to promote aging-in-place. AFRH's action plans shifted from an FY 2013 focus on infrastructure improvement projects to an FY 2014 focus of sustaining the Trust Fund and operating more efficiently. The strategic planning process is now aligned with the Presidential terms, as required per Office of Management and Budget (OMB) Circular A11. The next plan will start with the next administration in FY 2017.

The strategic goals focus on residents, stewardship, staff, and external stakeholders. Each goal has objectives to expand person-centered care, maintain cost effective operations, encourage productive employees, and outreach to business, military, and civilian partners. Objectives and actions reach down to individual performance plans to ensure measures are met and goals achieved.

Council Observations:

• The AFRH leadership team is to be commended for their consistent execution of the Strategic Plan and ongoing efforts to ensure this living document remains relevant to meet future challenges.

Council Recommendations:

• Continue briefing Strategic Plan updates at council meetings.

Budget/Financial Solvency

AFRH Trust Fund Balance

AFRH's funding source is distinctive among Federal agencies. The 1991 Defense Authorization Act, Public Law 101-510, created an AFRH Trust Fund to finance the Gulfport and Washington Homes. The Trust Fund status is an integral part of the financial picture. With the fluctuations the military forces are now facing in fines and forfeitures, a major source of AFRH revenue, AFRH may be unable to maintain a balance of spending against income.

The AFRH Trust Fund is the self-funded investment that pays for AFRH operations and capital improvements. In recent years, AFRH management has substantially reduced operating costs and undertaken several major construction projects to further reduce operations and maintenance (O&M) costs.

Prior to 2002, the AFRH Trust Fund was close to insolvency. Forecast models briefed to senior management at DoD, OMB, and Congress described a financial state that

would cause the Home to close in the 2005-2007 timeframe. Through innovative approaches such as the adoption of the AFRH "One Model Plan," necessary staff reductions, and improved operations, AFRH leadership not only turned this dismal projection model around, but actually went on to show a net growth of \$92 million in the AFRH Trust Fund (from \$94 million in FY 2002 to an all-time high of \$186 million in FY 2010).

While AFRH's achievements are impressive, high costs have been associated with recent capital improvements. As predicted, the withdrawal from the Trust Fund to support the five year Scott Project significantly reduced the Trust Fund balance. As AFRH moves from a capital improvement period to a sustainability period, Trust Fund withdrawals for capital projects are expected to decline and stabilize.

The 2012 Trust Fund Solvency analysis concluded that the AFRH Trust Fund was solvent long term with the key assumption that revenue remained significantly within historical variation. AFRH's Trust Fund balance reflects reduced revenue from an unexpected decline in AFRH's largest revenue stream, fines and forfeitures. AFRH is working closely with OMB and DoD leadership to address revenue concerns.

Since 2010, fines and forfeitures have fallen more than expected from normal variations or historical trends, steadily declining from \$37.2 million in 2010 to \$28.2 million in 2014—a reduction of more than 24 percent. AFRH is seeking new revenue sources, proceeding with the lease of underutilized buildings/land, and continuing to contain operating costs.

To replace the reduced fines and forfeiture revenue, AFRH, working with DoD leadership, is implementing a multi-tiered approach which includes:

- Increasing active duty withholding from 50 cents to \$1 per month by June 30, 2015. DoD has had the authority to increase the monthly withholding paid by active duty enlisted, warrant officers, and limited duty officers since 1996. The active duty withholding has not increased since 1977 when it was permanently established at 50 cents per month. The active duty withholding change will increase revenue by approximately \$1.7 million in FY 2015 and \$6.8 million in FY 2016.
- Implementing an equitable increase of monthly resident fees in both the percentage of income and maximum fee amounts. Resident fees have not been adjusted since 2002 or kept pace with the rising cost of healthcare. Even with the proposed increase, AFRH is still the best value for veterans and offers services not available at other facilities. Increased resident fees will generate approximately \$.3 million in FY 2015 and \$1.4 million in FY 2016.
- Transforming the Independent Living Plus pilot program to a permanent level of care with a fee structure that recognizes the costs associated with this level of care. The Independent Living Plus program provides residents with assistance in activities of daily living while allowing them to remain in their Independent Living rooms. This is a savings for both the resident and AFRH. Prior to the pilot

program, residents who needed even the most minor assistance had to be moved to Assisted Living rooms with associated nursing costs and a higher monthly resident fee. Currently, AFRH has over 100 residents in the Independent Living Plus level of care with an approximate cost of \$10,000 annually per resident.

- Auditing active duty fines and forfeitures transferred from DoD to AFRH. Since the significant reduction in this revenue source is unprecedented and unexplainable based on over 50 years of historic trends, this audit will assist in better out-year projections for AFRH's largest revenue source.
- AFRH-W Master Plan. AFRH has an approved Master Plan for 77+ acres of underutilized land in the southeast corner of the AFRH-W property. AFRH offered this area for a lease in 2008 but due to the downturn in the Washington, DC real estate market, put the project on hold. AFRH, working with the General Services Administration (GSA), will release the request for proposal in the second quarter FY 2015 and hopes to select a vendor by early FY 2016. Revenue from this lease is expected to begin in FY 2017.
- Leasing underutilized buildings and land. AFRH has identified several buildings, in addition to the Master Plan 77+ acres, which are underutilized due to recent reductions in the footprint at AFRH-W. AFRH has been actively working to offer these buildings for lease to not only generate additional income, but also to reduce the operations and maintenance obligations.

In addition to efforts to increase revenue, AFRH continues to identify and implement cost containment activities, keeping operations efficient while providing quality services and amenities to residents. Working with OMB and DoD leadership, these actions should assist in increasing the Trust Fund balance and support out-year budget requests.

Council Observations:

- The number one issue for residents is the legacy of the Home. Trust Fund solvency is a topic of great concern for the residents and they want to be kept informed. The Council applauds AFRH's efforts to give residents a voice in the Master Plan.
- Approval of the increase in active duty withholding and resident fees are positive steps forward to help the ailing Trust Fund.
- Accepting gifts and donations is one area to explore. Some military are quite successful in their post-military careers and could be in a financial position to make generous contributions.

Council Recommendations:

- The Council recommends continued periodic updates at the Resident Advisory Committee (RAC) meetings and resident town halls to address residents' concerns and to respond to questions.
- The Council requests continuing progress reports at Advisory Council meetings.

FY 2016 Budget Request

At the October 2014 Advisory Council meeting, the FY 2016 budget request to OMB was presented for discussion. The AFRH FY 2016 budget request of \$64.3 million covers O&M and capital improvements for both campuses. The AFRH FY 2016 budget request is adequate to support residents while absorbing a key cost driver—increasing health care staff and reducing reliance on contract personnel and Federal employee overtime. The FY 2016 budget request will allow AFRH to absorb rising healthcare costs (the largest cost driver) while continuing to provide residents the services and amenities they deserve while maintaining two campus facilities and grounds. The FY 2015 budget was \$63.4 million (\$62.4 million for O&M and \$1 million for capital). The increase from 2015 to 2016 is based on the increased healthcare costs needed to conform to the required 4.1 hours of licensed nursing healthcare services per resident, daily, in upper levels of care.

Council Observations:

• The Council recognizes AFRH's efforts to increase financial stability and understands additional efforts are needed to stabilize the Trust Fund.

Council Recommendations:

• The Council will look forward to hearing about AFRH's progress in revenue generation.

AFRH Financial Audit

As required by legislation, AFRH has sought and obtained a successful financial audit from Brown and Company Certified Public Accountants, PLLC, an independent accounting firm. AFRH received an "unmodified" (clean) audit. Brown and Company did not report any material weaknesses. The 2014 audit is AFRH's tenth consecutive clean audit. Agency management, in partnership with the Bureau of the Fiscal Service, was accountable for the integrity of AFRH's financial information. All financial statements and data have been prepared from AFRH accounting records in conformity with generally accepted accounting principles.

Council Observations:

• The Council commends AFRH on its successful accomplishments in financial management.

Council Recommendations:

• None.

Statement of Assurance

The AFRH COO has certified that the AFRH is in full compliance with all applicable requirements in accordance with the Federal Managers' Financial Integrity Act, Public Law 97-255 Section 2, and OMB Circular A-123, "Management's Responsibility for Internal Control (IC)."

Council Observations:

• The Council commends AFRH on its successful accomplishments in internal controls and financial integrity.

Council Recommendations:

• None.

AFRH Staff Highlights

Office of Personnel Management Federal Employee Viewpoint Survey

• Completed in August 2014. Full results were not available at the October 2014 Advisory Council meeting. The 2014 results provided to AFRH in December 2014 showed that AFRH employees are not as satisfied working at AFRH as they have been in the past. OMB has required all agencies, not just AFRH, to prepare action plans to address employee concerns that have been captured in the 2014 Federal Employee Viewpoint Survey. AFRH developed an action plan and will work with employees to understand their issues throughout 2015. AFRH aims to have employees engage in problem solving and thereby improve the 2015 survey results.

AFRH Hiring Process

- Applicants for key positions are screened by a managerial panel.
- The top three to five ranked applicants are selected to be interviewed by the panel. Applicants who are interviewed are scored.
- Best qualified candidates (highest scores) are recommended to the selecting official, who is the second line supervisor.

2014 Selections

- Robert DuFour, AFRH IG
- Dr. Dawn Hansen, AFRH-G Chief Medical Officer
- Shaun Servais, Administrator, AFRH-W

Council Observations:

- Hiring practices, where market pay is applied, mean there is now a competitive pay structure. AFRH is producing results that are on track.
- AFRH staff is engaging and morale seems high.
- Compliments are directed to nutrition and housekeeping staff. Residents comment on how they enjoy the food and appreciate the responsiveness of the staff to meet their individual dietary requests.

Council Recommendations:

• The Council is interested in hiring lag information.

Internal Controls/Performance Improvement

AFRH Accreditation Preparation

During 2014, AFRH focused on its staff to prepare for TJC accreditation surveys at both campuses in ambulatory and nursing care. DHA staff provided advice on meeting accreditation requirements and measures, and participated in their own assessment during the actual TJC survey. Preparations for the TJC survey included reviewing all the standards, accomplishing a risk assessment and establishing goals for infection control areas, creating medical guidelines for providers, and holding weekly staff meetings to educate staff on all required standards. The results of this preparation are detailed in the TJC section of this report (page 13).

Performance Improvement

Realignment of component groups and performance measures with risk mitigation, which had been the focus of AFRH's performance improvement in 2013, continued. Progress was tracked. Focus shifted to linking the performance measures to individual performance as noted in the Strategic Planning section of this report (page 16).

Credentialing

DoD IG recommended that the AFRH credentialing process be improved. The list of all practitioners working at AFRH with their credentials was presented to the Advisory Council at the October 2014 Advisory Council meeting. The list AFRH shared demonstrates improvements in the process and the extent to which the credentialing process for practitioners has been completed.

Council Observations:

• The TJC surveys will continue to strengthen healthcare at the AFRH facilities.

Council Recommendations:

• None.

Modernization

AFRH-G

Projects in 2014 included a collaboration on the Culvert Drainage Project with Naval Construction Battalion Center (Gulfport Design Phase), the addition of 22 more parking spaces, improved and expanded nurse call system, installation of a front gate panel alarm system, the outdoor pool resurfacing project, and installation of nine fire pull stations in the upper levels of care.

AFRH-W

Projects in 2014 spread across a large spectrum to include planting of cherry trees, the addition of resident parking spaces and parking lot speed bumps, activation of TekTone and resident alert systems, the implementation of the Scott/Sheridan public announcement system, restriction of elevator access to the Scott penthouse and the Wellness Center, expansion of outdoor sports for residents (a new shuffle board court, a horse shoe pit, and a Bocce court), installation of bird netting at the Sheridan loading docks, and installing safes in the Sheridan Assisted Living rooms. A new aquatic program by Recreational Therapy staff for upper levels of care also began during 2014.

AFRH-W Master Plan

The most promising opportunity to significantly increase revenue is from the lease of 77+ underutilized acres in Washington, DC. In 2014, AFRH began moving forward with the AFRH-W Master Plan. The plan, originally approved and followed in 2008, had been on hold until the local real estate market recovered after its crash in 2008. AFRH, working with GSA, is soliciting a ground lease which will provide an additional revenue source to support the Trust Fund. By working with GSA and the United States Army Corps of Engineers, AFRH expects to gain maximum benefit from the development of this property. The request for proposal is scheduled to be released in 2015.

Capital Improvement Plans

As a Federal agency, management recognizes that the capital improvement plans and capital improvement projects are an investment in the future of AFRH facilities. While management has created a long range financial plan to evolve and remain solvent, it must continually integrate its person-centered care philosophy and modify plans for each facility to realize this new vision. The AFRH last updated its 10-year capital improvement plans for both facilities in FY 2012. Further updates based on current economic realities were begun in 2014.

Environmental Initiatives

In compliance with Executive Order 13423, "Strengthening Federal Environmental, Energy, and Transportation Management," January 2007 and Executive Order 13514, "Federal Leadership in Environmental, Energy, and Economic Performance," October 2009, AFRH initiated environmental reporting in 2012, creating performance goals to emphasize the importance of environmental factors in efficient operations.

AFRH environmental cost drivers include certain operational activities, improvement projects for equipment upgrades, assessments, taxes and fees required for environmental safety, and regulatory levies on properties and operations. In addition to the Executive Order requirements, maintaining proper environmental conditions for seniors is critical for CARF-CCAC and TJC accreditations.

Per Federal requirements and guidance, AFRH tracks, reports, and reduces energy consumption, water use, and waste generation along with developing inventories of greenhouse gas emissions every year. AFRH established a reduction target for FY 2020 from the FY 2008 baseline and submitted the required updated Strategic Sustainability Performance Plan on time.

Environmental Goals and Results

<u>Energy</u>: In FY 2013, AFRH experienced a temporary spike in energy consumption as a result of construction to replace the old AFRH-W Scott Building. In FY 2014, with the completion of the new energy efficient Scott Building, AFRH resumed its downward energy consumption trend. AFRH has selected an energy savings performance contract to assess areas for further energy initiatives in response to the President's Performance Contracting Challenge.

<u>Fleet</u>: AFRH operates a fleet of less than 20 vehicles, and therefore, is exempt from Federal petroleum reduction and alternative fuel requirements; however, AFRH evaluated fleet usage to identify energy efficient opportunities and has reduced its fleet by 20% since the 2008 baseline.

<u>Greenhouse Gas Emissions</u>: Energy is the primary source of AFRH's greenhouse gas emissions; more energy efficient operations are assisting AFRH in meeting this reduction goal. In FY 2013, AFRH conducted assessments of the AFRH-W Scott Building and the AFRH-G facility determining both buildings currently meet over 50% of the *Guiding Principles for Leadership in High Performance and Sustainable Buildings* with improvements underway to meet an additional 20-25% by the end of FY 2015.

<u>Waste</u>: AFRH has taken numerous steps to increase recycling. The AFRH-W one-line recycling contract, which requires the contractor to separate recyclables, has significantly increased diversion of waste.

<u>Water</u>: Water use intensity has been reduced by 50% since the FY 2007 baseline was established. This reduction has been accomplished through water conservation measures, leak detection and repair, and reduced landscaping water use.

Council Observations:

• Both facilities are beautiful. The Council appreciates the breadth of the continuous efforts made by AFRH management to improve living conditions for the residents.

Council Recommendations:

• None.

Information Technology Strategic Plan

The Information Technology (IT) Strategic Plan identifies future IT improvements and potential areas for cost avoidance while enhancing current operations.

FY 2014 IT Highlights:

Cloud Computing Solution with SharePoint and Microsoft 365

During FY 2014, AFRH successfully completed its migration from Lotus Notes email to Microsoft Outlook, which was part of the cloud-based Office 365 solution deployed agency-wide. Mobile devices were also included in this migration.

Electronic Medical Record System

In FY 2013, AFRH began the move from a paper-based resident health care record to an electronic medical record to ensure up-to-date healthcare information is available. In FY 2014, AFRH expanded the use of the system to include resident financial data to improve our resident billing process, implemented use of the AFRH resident record, and enhanced the functionality and reporting ability of the cloud-based electronic medical record system.

Senior TV

In FY 2013, AFRH began offering residents at both campuses the option to purchase their internet and cable services through AFRH. After only one year, the number of residents utilizing this service has increased and Senior TV is fully funded by resident charges.

IT Upgrades

Video conferencing was implemented and is used to support various functions (e.g. weekly staff meetings, Advisory Council meetings, training). AFRH also completed deployment of an unsecured Wi-Fi service in the administration areas in the Scott building at AFRH-W. AFRH-W replaced 100 desktop computers for staff and upgraded over 90% of the staff to the Windows 7 operating system, providing additional security for data protection.

AFRH is compliant with the mandate that all Federal agencies operate within a Managed Trusted Internet Protocol Service environment, which allows for agencies to implement a more robust cyber security program as prescribed by the Department of Homeland Security and the Federal Information Security Management Act.

Council Observations:

- The Council appreciates learning about AFRH's technology strides, especially with the electronic medical record for residents.
- Maintaining connectivity with other military healthcare systems has been problematic.

Council Recommendations:

• How to bridge the information from AFRH to other military healthcare systems and vice versa needs to be addressed.

Military Heritage

Military camaraderie and military heritage set AFRH apart from other retirement communities. Participation by senior enlisted personnel and scores of active duty military in AFRH events and projects keep AFRH residents in touch with their military heritage. Trips in 2014 such as the Japan softball trip and the National Capital Region Honor Flight are evidence of active resident participation in military-related events.

Both facilities cherish their Hall of Honors which display a timeline, photos, and artifacts from the vibrant history of the U.S. Naval Home and the U.S. Soldiers' and Airmen's Home. Military uniforms and personal items from active duty service donated by residents are showcased.

Every military Service and the Coast Guard send volunteers to assist AFRH in their myriad of activities. In Gulfport, proximity of Air Force and Navy bases results in a large presence at the facility and much involvement in many projects. In Washington, the number of military posts and bases in the metropolitan area is large. Army, Navy, Air

Force, Marine Corps, and Coast Guard all contribute by volunteering, commemorating military events, leading improvement projects, and befriending their comrades.

Council Observations:

• The Council appreciates that all five Services are active at both AFRH facilities.

Council Recommendations:

- The Council recommends that the current efforts to keep the Services involved should be continued.
- Additional efforts to share activity calendars with the committee should be pursued to facilitate greater engagement by the Services.

Resident Issues

Resident Focus Groups

AFRH resident focus groups are held on an as-needed basis. In 2014, the discussion of increases to the withholding of active duty military pay and increases in resident fees were the main topics.

Resident Advisory Committees

The RAC is comprised of a Chair and representatives from each residential floor in all levels of care. The RAC presents observations, issues, and concerns to the facility Ombudsman. During 2014, residents stated that their rapport with AFRH managers is phenomenal in meeting the diverse needs of the residents. AFRH staff is always open to resident ideas and they listen. The results in improved services, wellness, and security are appreciated. Guest speakers are one of the best ways to connect with residents and AFRH excels in providing speakers.

Leaving a Legacy

AFRH residents are concerned about the future of their Homes. They are keenly aware of the diminishing balance in the AFRH Trust Fund. They support the AFRH Master Plan at the Washington facility to increase revenue. They support the increases in resident fees. Residents want to ensure there is an AFRH in the coming years for the military serving today.

Advisory Council Resident Tracking Log

The Advisory Council Chair maintains a log for minor issues that come up with residents. This gives them an additional venue to express their ideas about living at AFRH.

Council Observations:

- The Council appreciates the role of the Ombudsman at each campus in helping residents have their needs met.
- The Chair thanked the RAC Chairs (AFRH-G's Mr. Player and Mr. Gibson,

and AFRH-W's Mr. Wachter and Mr. Ford) for their dedicated work for their residents.

- The RAC Chairs reported that 99% of residents accept the need for increases in resident fees to increase revenue. However, residents were concerned about the percentage increase proposed at the upper levels of care.
- The Chair receives monthly updates and appreciates resident input on issues of interest.
- It is noteworthy that staff and residents help out in their communities also.

Council Recommendations:

- The Council recommends all Council members make an effort to visit with residents and listen to their histories as well as their issues.
- The Council appreciates AFRH's flexibility in listening to resident concerns about fees and understands adjustments will be made as necessary. The Council requests updates on this topic. (Note: In FY 2014, AFRH recommended to DoD that AFRH resident fees be increased and Independent Living Plus become a permanent level of care.)

Community Partnerships

The AFRH Strategic Goal 4 (Leverage External Stakeholders) focuses on harnessing, cultivating, and focusing external stakeholders to become increasingly active participants, engaged in AFRH activities. AFRH has focused on amplifying engagement with the AFRH Advisory Council, embracing community partners, and expanding its neighborhood presence. A long term partner has been GSA, the organization behind much of the construction and renovation at AFRH. Each of the Services send volunteers to both facilities to participate in helping with events, celebrations, moving, construction projects, and programs.

AFRH-G boasts a wide variety of community volunteers. Some of their partners include Keesler Air Force Base, Naval Construction Training Center Gulfport, United Way, Hooters, First Sergeants Association, North Florida Harley Owners Group, Army Band, Navy Band, Marine Corps Band, Ocean Springs Cub Scouts, Gulfport Women's Club, Brownies/Girl Scout Troop 6346, First Presbyterian Church Youth Choir, First Trinity United Methodist Church Choir, Vietnam Veterans of America Chapter 1018, Air Force Sergeants Association, Beach Garden, St. James Elementary, Beau Rivage, American Association of Retired Persons (AARP), Dixie Line Dancers, and the Blind and Physically Handicapped Library Services.

AFRH-G Community Events Included:

- Annual Veterans Day Open House and Community Day: Veterans, active duty, and the community joined AFRH-G to commemorate Veterans Day.
- Annual Mardi Gras Celebration: The king and queen of AFRH-G are crowned and we hold a traditional parade.
- *May Garden Day and Open House*: Residents shared their new gardening and landscape upgrades with neighbors.

• Celebration of the New Putting Green and Swings: These amenities were generously donated by Taco Bell.

AFRH-W has many groups who volunteer. Some of those include AARP Income Tax Assistance, Accenture, Air Force, Alpha Kappa Alpha, American Legion, Boy Scouts, Buffalo Soldiers, Catholic University, Chief Petty Officer's Association, City Singers/City Choir of Washington, Costco, Defense Information School, Defense Intelligence Agency, Defense Threat Reduction Agency, Discovery Communications, Double Nickels, Friends of the Soldiers Home, Fort Belvoir, Fort Meade, GEICO, Girl Scouts, Howard University, Military District Washington, Naval Intelligence Office, Navy Chief Selectees, President Lincoln's Cottage, University of Maryland, Warrior Brotherhood Veterans Motorcycle Club, Washington Gas Company, Washington Navy Yard, White House Communications Agency, and Young Men's Christian Association.

AFRH-W Community Events Included:

- Black History Month: President Lincoln's Cottage hosted descendants of Solomon Northrup, author of <u>12 Years a Slave</u>, as part of this annual event.
- *4th of July Community Event*: AFRH-W's 4th of July celebration draws active duty military and their families to enjoy the National fireworks with our residents.
- Annual Holiday Tree Lighting and Dance: Friends of the Soldiers Home singers entertained AFRH-W residents at the tree lighting and holiday dance, co-sponsored by AFRH, President Lincoln's Cottage, and the local community.
- *Memorial Day*: Active-duty members from the USS Abraham Lincoln joined residents to lay a wreath at the Soldiers' Home National Cemetery.

Council Observations:

• The Council understands that community involvement and assistance is very high. Active programs and various events with community members contribute immensely to the quality of life for residents and their contributions promote the AFRH mission.

Council Recommendations:

- The Council recommends AFRH continue developing more extensive community partnerships.
- Council representatives would like to receive activity calendars in advance to facilitate advanced planning and greater participation.

Council Member Contributions

Council Recommendations:

- The Council recommends all Council members continue to seek opportunities to share subject matter expertise with AFRH leadership as requested.
- The Council recommends all Council members continue to be available to residents on a routine basis to address concerns and forward compliments about staff performance to senior leadership.

Commitment and Challenges: Preparing for the Future

Council Observations:

- The most critical challenge is to bolster AFRH Trust Fund solvency. *Council Recommendations*:
 - None.

2014 FOLLOW UP ACTIONS FROM 2013

- 1. The Advisory Council will be briefed on the accreditation tracking matrix progress to date until all required actions are completed. Results: Progress reports were briefed at both 2014 Advisory Council meetings.
- 2. The advisory council will be provided with a summary of findings from the October 2013 JCRINC assessment and progress at its next scheduled meeting. Results: This will be combined with the 2012 DoD IG final report brief.
- 3. (Holdover from 2012) A summary of the 2012 DoD IG final report should be presented to the Council when available. Results: The final report is available for download from the DoD IG website.
- 4. The Council will look forward to reports on further progress in person-centered care, especially in expanded person-centered care for Independent Living. Results: At each meeting, facility Administrators brief detailed activities undertaken at each campus with regard to person-centered care.
- 5. Given that AFRH has passed through the transition years, AFRH should continue to update the Council on Trust Fund balances and projections at each meeting. Results: This topic has been established as a recurring Advisory Council meeting agenda item.
- 6. The Council will look forward to hearing about AFRH's progress in revenue generation. Results: This topic has been established as a recurring Advisory Council meeting agenda item.
- 7. The Council would like to know if there is a metric in place to measure hiring lags. Results: Hires are discussed at Council meetings at each meeting.
- 8. The Council will look forward to an update on the progress made in internal controls and performance improvement at its next meeting. Results: These items are discussed at Council meetings.
- 9. The Council will look forward to future updates related to the sale or lease of excess acres at AFRH-W. Results: This topic has been established as a recurring Advisory Council meeting agenda item.

2015 FOLLOW UP ACTIONS FROM 2014

The Council will look forward to updates regarding the following topics:

- Accreditation surveys
- DoD IG inspection
- DHA site visits
- The budget
- Resident fees
- The Master Plan
- Revenue generation

ACRONYMS

Acronym	Meaning
AARP	American Association of Retired Persons
AFRH	Armed Forces Retirement Home
AFRH-G	Armed Forces Retirement Home, Gulfport, Mississippi
AFRH-W	Armed Forces Retirement Home, Washington DC
ASD(M&RA)	Assistant Secretary of Defense for Manpower and Reserve Affairs
CARF-CCAC	Commission on Accreditation of Rehabilitation Facilities- Continuing Care Accreditation Commission
C00	Chief Operating Officer
DC	District of Columbia
DHA	Defense Health Agency
DoD	Department of Defense
DoDI	Department of Defense Instruction
FY	fiscal year
GSA	General Services Administration
IC	Internal Control
IG	Inspector General
IT	information technology
JCRINC	Joint Commission Resources, Incorporated
NDAA	National Defense Authorization Act
O&M	operations and maintenance
OMB	Office of Management and Budget
RAC	Resident Advisory Committee
SMA	Senior Medical Advisor
TJC	The Joint Commission
U.S.C.	United States Code
USD(P&R)	Under Secretary of Defense for Personnel and Readiness